



Dear Needlework Camper,

We are so glad you are coming to camp. We are planning times for worship and reflection, a chance or two to learn something new or share a craft, and plenty of time to work on projects of your own and go for walks on the beach.

We all come to camp with different needs. For some of you, this camp is just an extension of your life; you find time to sew, knit, embroider, or rubber stamp because that is what you do. Or, maybe finding time for this passion is difficult and you can't wait for time away from routines and responsibilities to put a needle into a project. Maybe you are someone who just loves to stitch, quilt, or create something in the company of like-minded souls.

We welcome all of you. We know how this work feeds our hearts and how our time together feeds our spirits. We speak a common language of thread and fiber. So we can't wait until the end of September.

We are enclosing a tentative schedule and a list of things to bring that will make your experience comfortable and creative. Feel free to call or email if you have questions or concerns. Check in will be in Edwards Lodge from 4:00- 5:00 pm. Please contact the camp if you plan on arriving later than this so we know not to expect you for dinner at 5:30.

Please mail or fax your Health Form to camp at least two weeks prior to your camp. Advance notice is needed to accommodate food allergies and dietary restrictions.

If you still owe a fee for this event, please mail it to the conference office. Do not send payments to camp with your Health Form.

Your Sister Deans

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Schedule

Session I: Arrive in the afternoon: Dinner is at 5:30 p.m.

Gathering:

Friday night after supper. - 7:30 pm

Introductions and a short opening worship activity.

Every Evening - 9:30 pm Quiet in the sleeping wings.

Every Morning - 9:30 am

A short -15 minutes or less- time of worship: a scripture story, a thought for the day, a prayer, and a song.

Sunday Morning - 9:30 am

Communion

A small send-off of people who are leaving us after the weekend

Session II: Arrive any time after lunch on Sunday.

Special Events:

Tuesday evening. 7:30 pm

Auction. Let's raise some money for Magruder site projects.

Make something new. 2 pm



Camp Description-

Needlework Camps provide time to devote to your favorite craft with women who speak your language of needle, yarn, thread, and paper. Bring your current projects and take away new friends and a renewed spirit. We greet God in the morning and laugh, talk, and share the rest of the day as we stitch, knit, cut, and paste. The beach, a labyrinth, and wetland walks are right at hand. Sign up for one of both events and spend time doing the crafts that you love most.

What to Bring to Camp: The Needlework Camp Supplemental

- Project materials and tools: Bring several projects. We have lots of time and you may get tired of just one or need a change to prevent a repetitive motion injury! Don't be afraid to bring a challenging project; campers often help each other with pattern interpretation, dropped stitches, second opinions on color selections, etc.
- If you wish, one "show and tell" item: a completed project that you're proud of.
- If you are bringing a sewing machine or a lamp, also bring an extension cord and/or a multiple outlet power strip. We'll provide tape to tape them down.
- Items for the auction Tuesday evening: Clear out those abandoned projects, those odd skeins of yard, any raw materials and leftovers, patterns and books, or finished projects. We auction them off to each other and raise money for Magruder site projects.
- Money or a check-book for shopping at the auction.
- Snacks to share (optional: camp feeds us well) There is refrigeration and a microwave.
- You may want...A pillow for your work chair. A lamp for your work table. A favorite mug.

Our take on the basics list:

- Please mail in your Health Form at least two weeks in prior to camp. Advance notice is needed to accommodate food allergies and restrictions.
- Sleeping gear: a sleeping bag or quilts/blankets/sheets/pillows.
- Clothing: remember walking shoes and raingear, because we go to the main lodge for meals. (Transportation can be arranged if needed.)
- Pajamas or nightgown, robe, and slippers for evening work time. We change by 9:30 p.m. so that the sleeping wings can be quiet for those who go to bed early... even if *you* want to stay up all night.
- Flashlight if you read in bed or want to take a walk after dark. The bathrooms adjoin each sleeping room, so no dark trails in the middle of the night. ☺
- Note that the remodeling at Edwards has made storage in the sleeping rooms rather limited. If you have a choice of suitcases, choose one that might fit under a bed.

And last, but not the least:...

An open heart, a creative mind, and a generous spirit

Health History Form for Adults Attending Camps or Retreats

Camp & Retreat Ministries, Oregon & Idaho

This form should be sent in to the camp at least one week prior to your arrival so that the camp staff can be aware of your needs. Any changes to this form should be provided to camp health personnel upon participant's arrival in camp.

Dates of Camp Attendance _____

Mail this form to the address below by _____ (date)

Camp Magruder
17450 Old Pacific Highway
Rockaway, OR 97136

PERSONAL INFORMATION:

Name _____
Last First Middle In.

Home address _____

City _____ State _____ Zip _____

Home Phone (____) _____

Daytime Phone (if different) (____) _____

Gender: (circle one) **Male** **Female**

Birthdate _____

Email Address: _____

EMERGENCY CONTACT:

Whom should we notify in case of a medical emergency?

Name _____

Relationship _____

Address _____

Phone (____) _____

City _____ State _____ Zip _____ Work/Other phone _____

HEALTH CONDITIONS:

Any known allergies? _____ Yes _____ No

Allergies to medications: _____

Food allergies: _____

Other Allergies: _____

List any dietary restrictions: _____

Date of Last Tetanus Shot _____

Blood Type _____ (if known)

Do you have a health condition (e.g. allergies, chronic conditions) or special circumstances which may affect program participation, special housing need, or anything we ought to know prior to emergency treatment? **Yes** **No**

If yes, please explain: _____

MEDICATIONS BEING TAKEN:

Please list ALL medications (including over-the-counter or nonprescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

Med#1 _____ Dosage _____ Schedule _____

Med#2 _____ Dosage _____ Schedule _____

Med#3 _____ Dosage _____ Schedule _____

Attach additional pages for more medications.

PHYSICIAN:

Name of family physician _____ Phone (____) _____

Address _____

PERMISSION TO PROVIDE NECESSARY TREATMENT OR EMERGENCY CARE:

In signing this form I hereby certify that this information is correct. In case of medical emergency I understand that every effort will be made to contact the emergency contact listed above. In the event they cannot be reached I hereby give permission to the medical personnel selected by the camp director to secure and administer treatment including hospitalization and to provide or arrange necessary related transportation for me. I agree to the release of any records necessary for insurance purposes.

Signature of Adult camper/staff _____ Date _____

CAMP & RETREAT POLICIES

These policies have been found through many years of experience to be important for good camping.

1. TO CAMP AND HOME

- ❖ Campers should plan to arrive and depart at the scheduled times. (See the letter about your specific event.) Staff is not available to care for campers before or after camp.
- ❖ Authorization of release of campers: Parents will be asked upon arrival at camp who is authorized to pick up their child at the end of the week.
- ❖ Visitors are asked to visit only at camp opening and closing.
- ❖ Telephone contact between campers and their parents or guardians will be confined to emergency situations.
- ❖ Licensed, insured drivers under age 18 may drive themselves if they have their parent's permission, but are not allowed to have any passengers. For drivers under age 18, keys are collected and returned at the end of the event.
- ❖ Campers love to receive letters. Mail them early to arrive mid-week. Food items are discouraged as these attract unwanted visits from local wildlife. If you choose to send a package, consider items that can be shared or used by others: this will help promote unity in the cabin.
- ❖ Camper names and addresses may be shared with other campers unless the camp director is instructed otherwise.
- ❖ Photographs that may include your child may be used for promotional purposes such as printed catalogs, flyers or camp websites unless the camp director is instructed otherwise.

2. HEALTH

- ❖ A completed camper health form is required for all campers. Parent or legal guardian must sign health forms for campers under age 18. This form gives our staff information about health history, allergies, special diets, medicines brought with the camper, and other information that will be helpful in properly caring for the camper. **THIS COMPLETED AND SIGNED FORM IS REQUIRED OF ALL CAMPERS**
- ❖ Medical or behavioral information about your child will be shared only with other staff if it is determined by the director or medical staff that it is necessary to help the staff person better work with your child.
- ❖ All prescription **OR** non-prescription medications must be brought in their original bottles or packaging. For child & youth events, the Camp Health Care Provider is to have custody of all medication brought into camp by campers.
- ❖ The camp personnel will notify you if your child displays the following symptoms:
 - Any illness that persists longer than 24 hours; including fevers, coughs, excess expulsion of bodily fluids, allergic reactions, severe tiredness.
 - Any injury that causes severe prolonged pain, discoloration and/or swelling.
 - Any condition that cannot be sufficiently treated by camp personnel.
 - Any condition requiring transport to other medical services.
- ❖ The use or possession of alcoholic beverages, non-prescribed drugs (except those placed in custody of camp), depressants, or hallucinogens is prohibited. The use of tobacco is prohibited in the light of fire hazard and health dangers. Smokers are asked to refrain from smoking while at camp.

3. USE OF THE SITE

Campers are to stay within the boundaries of the Camp unless accompanied by a staff member.

Swimming and boating are important parts of the program at many camps. They are permitted only when an official lifeguard is on duty, and at times designated by the Camp staff.

Personal sports equipment (skateboards, bikes, archery equipment) should only be brought when specified by the dean of the event.

Fires are to be built only in fireplaces and approved campfire pits.

Campers will help keep the campsite clean and in good condition.

Camping is a way of life! Don't bring electronic devices, iPods, MP3 players or hand held games to camp. In children & youth camps, cell phones will be collected and returned at the end of camp.

All local and federal laws prohibiting weapons, firearms, fireworks etc. apply in the camp setting.