

REFLECTIONS ON STRENGTH FOR THE JOURNEY

*The space to be with myself and the lack of pressure to participate if I didn't want
The wonderful people No judgments made
Freedom of thought without prejudice The openness, honesty, friendship and love
The variety of activities allowed people to get to know one another quickly
The love, caring and acceptance that was ever present in the staff
The unity, food, activities, crafts and swimming
I loved EVERYTHING!*

ALL ABOUT SUTTLE LAKE CAMP & RETREAT CENTER

Suttle Lake Camp & Retreat Center is a United Methodist hospitality and learning center located 13 miles northwest of Sisters, Oregon. Close by are the Three Sisters and Mt. Jefferson peaks of the stunning Central Oregon Cascades. The site is located within a national forest wildlife habitat for bald eagles, on the east shore of Suttle Lake.



Suttle Lake Camp & Retreat Center, an alcohol & drug free site, has earned distinction with quality staff and well operated facilities. The accommodations are dorm style with 2-8 persons per room. Restroom and shower areas are close to sleeping units, but campers must be able to walk short distances. Participants bring their own bedding or sleeping bag, towel and personal care items.

Health is important. Medical personnel will be part of the leadership team. Nutritious HIV/ AIDS appropriate meals will be provided. Some special dietary needs can be accommodated if requests are made in advance. Please come. We look forward to meeting YOU!

Strength For The Journey Retreat is open to any person with an HIV/AIDS diagnosis, without regard to religion, race, sex or sexual orientation.

STRENGTH FOR THE JOURNEY

August 22-25, 2010



**Suttle Lake Camp &
Retreat Center**

***An Enriching Experience for Persons Living with HIV/AIDS sponsored by the
Camp and Retreat Ministry of the United Methodist Church***

Strength for the Journey

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August 22-25, 2010
Suttle Lake
Camp & Retreat Center
near Sisters, Oregon

OFFERING YOU...

A safe, clean & sober experience
no alcohol or drug use during retreat.
An accepting and healing community
Opportunities to relax and rejuvenate
The peace and beauty of the natural world
A break from regular routines
Outdoor activities: Hiking/Walking, Volleyball,
Swimming, Boating, Fishing, Challenge Course, and more.
Night Owl Café - snacks available 24 hours a day
Arts and Crafts
Music
Campfires
Bodywork: Massage and/or Reiki
Spiritual growth, personal reflection/meditation
Interest Activities including small Group Discussion
Affirmation of Life!

REGISTRATION IS LIMITED and will be accepted on a first come, first serve basis. **All Applications need to be received by August 1, 2010.** The total cost including meals, lodging and program is on a sliding scale from \$50 to \$155. You know your situation better than anyone else; send what you can! Camper donations and other individual donations are always welcomed. More details about the retreat will be sent to you upon receipt of your application. If you need additional information, email: info@gocamping.org

Registration is available on-line this year at: gocamping.org

I am interested in attending Strength for the Journey

First Name: _____ Last Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Please add my contact info. to the camper list? **YES** **NO** Gender: **Male** **Female** Diagnosis: **HIV+** **AIDS**

Evening Phone: _____

Daytime Phone: _____ Email: _____

Signature: _____ Date: _____

AMOUNT ENCLOSED: \$ _____ (Sliding Scale \$50 minimum to \$155 actual cost)

Please make your check payable to: **Conference Treasurer**
Mail this form and your check for the Camp Fee to **Camp Registrar, 1505 SW 18th Avenue, Portland, OR 97201**