



NEW EARTH
Christian Resources for the Outdoors

Got Spirit?

**Finding God
in the Everyday**



Introduction

Dear Camp Leaders,

You, your staff, and your campers are invited to find God in the everyday experiences of camp and to learn practices for drawing close to God when you go home as you explore *Got Spirit?* Through a variety of biblical stories and psalms, campers will discover ways to open themselves to the presence of God in creation, the community, and their prayers. All of us involved in creating these resources pray that they will enrich and enable your ministry as you reach out to campers with the good news of Jesus Christ.

If you are a returning user, welcome back! We appreciate your continuing choice of these materials. If you are a new user, please take a few minutes to read the "Using These Resources to Design a Curriculum for Your Camp" section in order to become familiar with the format of the curriculum. It is our intention that you choose from this collection of resources to create your own curriculum matched to the particular needs of your camp and campers.

By purchasing these materials, you bought a license to use them at a single campsite for the whole summer. Open and edit files from the Word files on the CD-ROM, make copies of the CD-ROM, print the pages from the PDF file, or make photocopies from the printed pages. Governing bodies owning more than one camp are expected to purchase a copy of the curriculum for each site. *Got Spirit?* is the eleventh title of New Earth: Christian Resources for the Outdoors. This curriculum is developed by the New Earth Publishers, a cooperative group of denominational publishing houses in cooperation with the Committee on Outdoor Ministry (COM) of the National Council of the Churches of Christ. Christian Board of Publication publishes these resources on behalf of the other denominational partners and COM. The ecumenical team that developed the outlines for this curriculum and the writers are committed to outdoor ministry and to providing the best possible resources for this ministry.

Your comments are valuable and important to the future development of these materials. Please visit <http://www.surveymonkey.com/s/newearthresource2011> to send an evaluation of the curriculum.

Jenny Youngman, Project Manager

PLEASE NOTE: ►
This year Camper
Pages are available
only on the CD-ROM.

Week at a Glance

Daily Discovery	Title	Scripture	Focus	Campers Will:
Discovery 1	Wonder Makes God Real Every Day	Psalms 8	Campers will hear a psalm of praise and be invited to wonder.	<ul style="list-style-type: none"> • explore creation using their senses. • experience the wonder of camp and its community. • participate in praising God.
Discovery 2	Gratitude Makes God Real Every Day	Luke 17:11–19	Campers will hear the story of ten lepers and will identify reasons they are grateful.	<ul style="list-style-type: none"> • explore the goodness of God using their senses. • develop ways to express gratitude to God. • participate in expressing gratitude to others.
Discovery 3	Hospitality Makes God Real Every Day	Luke 24:13–35	Campers will hear the story of the disciples encountering Jesus on the Emmaus road and reflect on the meaning of hospitality.	<ul style="list-style-type: none"> • explore how experiences in community enrich our relationship with God. • explore ways to open their lives to the movement of God’s Spirit. • participate in acts of hospitality.
Discovery 4	Generosity Makes God Real Every Day	1 Corinthians 12:1–26	Campers will hear how the community of faith is like a body and examine the ways they respond to God’s generosity.	<ul style="list-style-type: none"> • remember how God is generous to the church. • identify their gifts. • share their gifts to build up the community.
Discovery 5	Worship Makes God Real Every Day	Psalms 96	Campers will hear psalms of praise and identify a variety of ways to worship God.	<ul style="list-style-type: none"> • deepen their understanding of the purpose of worship. • explore the vast variety of expressions of worship encouraged in the psalms. • develop and participate in a worship service.
Discovery 6	Live in Christ’s Love	John 15:1–17	Campers will hear the story of the true vine and choose ways they will practice their spirituality.	<ul style="list-style-type: none"> • explore what it means to live in Christ’s love. • identify changes they want to make in their lives. • celebrate their camp experience.

Biblical and Theological Reflections

More than 1,600 years ago Saint Augustine of Hippo prayed, “You made us for yourself and our hearts find no peace until they rest in you.” He was convinced that our deepest human longing is to find God. He himself knew this restlessness until he entered into a life-changing relationship with his Lord. Augustine was not unique. Our generation too knows a deep hunger for the things of God. We call this “spirituality”—the desire for God. The Bible gives voice to humanity’s deepest longings in its songs, stories, and wisdom. The God of the Bible is a powerful, divine Mystery who longs to be in covenant relationship with the human family. God has placed within us a holy longing for the Divine.

Scripture also affirms that the Holy One is all around us. Wherever God’s people look, the Sustainer is there (Psalm 139:7–12). Fully known in the person of Jesus Christ, “the Word became flesh and lived among us” (John 1:14a). And the Holy Spirit continues to open eyes and empower righteous living (1 Corinthians 12:4–13). Jesus declares that finding God in the everyday is a gift for all who ask and seek (Matthew 7:7–11).

In “Got Spirit?” six biblical passages will aid campers to explore different ways God reveals God’s self to the human family. In a search for God’s presence, campers and leaders will seek God as Maker of creation—Psalm 8; in moments of gratitude—Luke 17:11–18; in the person of the stranger—Luke 24:13–35; in the Church, the Bbdy of Christ—1 Corinthians 12:1–26; 5) in moments of worship—Psalm 96; and in our prayers and acts of mercy toward others in Christ’s name—John 15:1–17. Each text affirms God’s presence in the ordinary moments of life.

Not only will campers discover how God is found in the daily scripture texts, they will experience the various ways that people of faith respond to the presence of God. Respectively with each Discovery, campers will explore in Discovery 1, wonder; in Discovery 2, gratitude; in Discovery 3, hospitality; in Discovery 4, generosity; in Discover 5, worship; and in Discovery 6, living in Christ’s love.

Our God takes great delight in being found. How appropriate it is for us to consider Christian spirituality as our focus with children and young people in the outdoor setting. Seeking and finding, asking and receiving, searching and discovering, fit naturally in the ebb and flow of camp life. May God bless you as you help campers to find God in the everyday!

◀ The desire for God

◀ God in the everyday

◀ Seeking, finding, discovering

Themes for 2011 ➤

Themes for “Got Spirit?”

Discovery 1: Wonder Makes God Real Every Day
Scripture: Psalm 8

Discovery 2: Gratitude Makes God Real Every Day
Scripture: Luke 17:11–19

Discovery 3: Hospitality Makes God Real Every Day
Scripture: Luke 24:13–35

Discovery 4: Generosity Makes God Real Every Day
Scripture: 1 Corinthians 12:1–26

Discovery 5: Worship Makes God Real Every Day
Scripture: Psalm 96

Discovery 6: Living in Christ’s Love Makes God Real Every Day
Scripture: John 15:1–17

Sections within Biblical and Theological Reflections

“Biblical and Theological Reflections” includes five sections for each Discovery that offer an introduction to the biblical passage for each of the Discovery themes.

1. “What Happened?” retells the scripture passage in a form that speaks to the campers.
2. “What Does It Tell Us about God?” focuses on what the scripture has to say about who God is, who humans are, and the relationship between the two.
3. “How Does [the concept for the day] Connect Us to God?” Explores ways campers can connect with God.
4. “What Other Things Do We Need to Know?” provides information about the cultural, social, and religious practices of the biblical time that will be helpful in understanding the story.
5. “Leader Reflections” gives leaders an opportunity to ponder their own connections to the scripture.

Biblical and Theological Reflections sections ➤

Discovery 1: Wonder Makes God Real Every Day

Psalm 8

Discovery 1 ➤

What Happened?

Imagine the psalmist sitting up one night and looking up into the night sky. Remember, there were no streetlights then, and no air pollution. This was before Galileo and astronomy classes, before satellites and the Hubble telescope. This ancient person must have been struck by how immense the heavens were. Even before our knowledge about the size of the universe, the writer was awed by the immensity of creation and certainly saw its beauty. Just think that God created all of this! How magnificent God is!

At the same time the writer considered the insignificance of human beings. He must have felt very small in the universal scheme of things compared to the greatness of God. What a contrast! Yet the psalmist also realizes how important humans are in God's plan. We are the caretakers of this planet, the stewards whom God has put in charge to manage and care for the other animals and plants. As servants of God, we are to care for it responsibly.

So here it is, this incredible thought—the greatness and majesty of God and the critical role of humans. The psalmist considers both these amazing ideas.

What Does It Tell us about God?

God is known in and through creation. The psalmist is very much aware that God is the creator of heaven and earth and that God's glory is set "above the heavens" (1b). As he meditates on this universe, he has the sense that God can clearly be seen in this created world, that God reveals God's self in nature. Early Celtic Christians spoke of having two scriptures—one that told the story of God's people (Israel and the Christian community) in our Bible and the other that could be "read" as they observed the natural world around them.

God inspires awe and wonder in us. Ever have a moment of contemplation when the vastness of God's universe contrasts with the smallness of human activity? It's like a tourist's first visit to the Grand Canyon in Arizona. Here is an enormous canyon of open space ten miles across, a mile deep, seemingly endless. Then there are the rock formations with their intricate colors and innumerable shapes. And the risks of hiking down into this wilderness abyss. It makes one feel tiny and quite insignificant by comparison. This psalm is an invitation to ponder the greatness of God by contemplating God's universe. Awe and wonder seem appropriate responses to our sense of God's presence in creation.

The Bible is filled with accounts of those who had an encounter with the living God in the natural world and were filled with awe and wonder. Jacob had a dream of divine presence in the wilderness (Genesis 28:10–17) and responded, "Surely the Lord is in this place and I did not know it!...How awesome is this place!" (vv. 16–17). Moses took off his shoes at the burning bush (Exodus 3:1–6). Elijah in a cave on Mount Horeb was moved by God's presence in the "sheer sound of silence" (1 Kings 19:12).

God is mindful of and cares about the human family. In spite of the disparity between divine power and human weakness, the psalm affirms that God is "mindful" of the human family and cares deeply for them (v. 4). This is portrayed from the moment of creation when God made humans "a little lower than God, and crowned them with glory and honor" (v. 5), and gave them "dominion over the works of [God's] hands [and] have put all things under their feet" (v.6). Humans have a special office in the administration of God's creation. Jesus reminds us in the parable of the talents (Matthew 25:14–30) that

◀ Look at the stars

◀ Encounter with God

◀ God cares about us

greater honor is never for the purpose of self-aggrandizement, but for service. God's mindfulness and care toward the human family is closely tied to our role as responsible stewards of the created world.

How Does "Wonder" Connect Us to God?

Wonder connects us
to God ➤

Wonder is our visceral response to something much greater than ourselves. It comes to us at times when we stand in the presence of something grand and awesome. I remember feeling wonder as I discovered the night sky some years ago at the time of Halley's Comet coming. The newspapers said this only happened once every seventy-five years. My attempts to find the comet in the night sky at my home were unsuccessful. I had to get up early one morning long before dawn and travel several miles to a remote site that was free of light pollution. I finally saw the fuzzy light. As I became a stargazer, my wonder grew—both for our universe and for the One who creates and sustains it.

God in the natural
world ➤

Unfortunately the awareness of something much grander than ourselves can also elicit fear. A flooding river or a powerful thunderstorm with winds, lightning, and hail can unsettle us very quickly. We sometimes live very close to fear in the natural world. But even this can deepen our sense of wonder and awe for God, who set this world in motion and continues to sustain it through the mystery of love.

What Other Things Do We Need to Know?

A song to be sung ➤

Scholars describe Psalm 8 as the first of twenty-eight "praise psalms." It fulfills the typical outline: opening statement of praise (1a), reasons for praise (1b–8), and closing statement of praise (9). It addresses God directly rather than in the third person. Such psalms focus either on what God has done in history (e.g. exodus, giving the law, protecting against enemies), or who God is.

The psalm was originally meant to be sung "To the leader: according to The Gittith." A Gittith may have been a stringed instrument used in accompaniment. No tunes have survived. Many of these psalms would have been sung at the annual harvest festivals in Jerusalem. Some scholars conjecture that Psalm 8 was sung at night, as there is a clear reference to the moon and stars.

The text has a close affinity to the first account of creation in Genesis 1. One may have inspired the other. In the Genesis story, when the first human being was created on the sixth day, God announces that this creature will be made in the divine image and likeness, and will be given dominion over all other living creatures (Genesis 1:26).

Leader's Reflection

- When have you felt a sense of awe and wonder as you pondered the world that God has created?



YOUNGER CHILDREN

DISCOVERY 1

Wonder Makes God Real Every Day

Scripture Psalm 8

Focus

Campers will hear a psalm of praise and be invited to wonder.
Campers will:

- explore creation using their senses.
 - experience the wonder of camp and its community.
 - participate in praising God.
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**Connection
to Campers**

Wonder comes naturally to younger children. You may need to help children begin to look around them with wonder. Challenge yourself to also look around camp with fresh eyes, as if you have never been to camp before. Psalm 8 flows as a natural outpouring of someone who was filled with wonder at how awe-inspiring the natural world can be. Help the children identify what gives them a sense of wonder.

**Suggested
Songs**

“Oh Lord, Our Lord, How Majestic,”
“Awesome God,”
“It’s Amazing,”
“Surely the Lord is in This Place,”
“God of Wonders,”
“This Is My Father’s World,”
“God of the Sparrow,”
“Morning Has Broken,”
“Garden Song”

DISCOVERY ACTIVITIES

NOTE TO LEADERS: To prepare for leading campers, read through the Biblical and Theological Reflections for Discovery 1. Begin with “Tell the Bible Story.” Then use an additional activity to engage the Bible story. Use the other activities to explore the story throughout the day.

1. Tell the Bible Story

Explain to campers that during their time at camp they will be talking about ways to find God in the everyday. Each day they will learn and practice a new way of finding God. Introduce the term wonder and explain what it means. Introduce Psalm 8 by explaining that psalms are prayers and songs from the Old Testament. Tell campers that psalms express thoughts about God, speak to God, thank God for something God has done, and remember things that God did a long time ago for God’s people. Read Psalm 8. Encourage campers to talk about what the psalmist says about God in the psalm. Ask: What is the writer saying in this psalm about God and humans? Where do you think that writer may have been standing when the psalm was written/said? What surprises you most in the psalm? What ideas in the psalm do you like best?

MULTIPLE INTELLIGENCES: Interpersonal, Intrapersonal, Linguistic

MATERIALS: Bible

2. Retell the Story

Have the children imagine that they are the psalm writer. Encourage them to close their eyes. Reread the psalm slowly. Suggest that they try to see what the psalmist was seeing. When you are finished, have the children open their eyes. Ask what pictures they saw while the psalm was read. Explain that they will have an opportunity to become psalm writers right now themselves. Invite them to look around at their immediate surroundings. Ask: What would you like to say to God or about God as you sit right here in this place? Record campers’ suggestions on a whiteboard

or newsprint. When campers finish offering their ideas, distribute paper. Encourage the campers to write their own psalms describing things they want to say to God and about God. Encourage them to use the list of suggestions as they write. Invite those who would like to read their psalms to the group.

MULTIPLE INTELLIGENCES: Bodily/Kinesthetic, Linguistic

MATERIALS: Bible, pens/pencils, white board and dry erase markers or newsprint and marker, paper

3. Do First-day Activities

During this first day at camp, help campers feel safe within the camp setting by giving them a chance to learn names, find their way around, and understand the rules for camp behavior. This is part of setting the stage for God to transform this unique group of individuals into a Christian community. Part of this process includes playing name games in large and small groups (see “More Activities: Community Building and Recreation”). As campers get to know one another, learn where things are at camp, figure out the schedule, and understand appropriate behavior, they will relax into the community.

MULTIPLE INTELLIGENCES: Bodily/Kinesthetic, Interpersonal

MATERIALS: None

4. Tour the Camp Community

Line up campers with a counselor at the front and back of the group. Travel around the camp, visiting different locations the group will use throughout camp. As you tour camp, introduce those you meet to the campers. Make sure they meet any camp program staff they will interact with on a regular basis. Include on the tour some of the natural settings of the camp, such as a river, lake, mountain view, ocean dunes, woods, or a wildflower field. During the tour, encourage campers to find one thing in the setting that fills them with a sense of wonder. Conclude the tour by saying

▲▼▲▼▲▼ WORSHIP RESOURCES ▲▼▲▼▲▼

Morning Watch

Morning Watch helps campers get focused on the day and the day's theme each day. For younger children a mixture of corporate and individual worship works well. Morning Watch should last no more than fifteen minutes (maybe even ten) for this age group, and as much as possible use songs with motions the children can do. Pace the energy level from slower to faster in order to help campers wake up for the day.

1. Gathering song such as "Rise and Shine"
2. Opening Prayer: "Gathered in this place, we greet God's morning and bless the day. So too do we ask that you, Oh Lord, bless each of us this day; in the name of Jesus Christ, Amen." Or make up your own.
3. Read Psalm 8.
4. Introduce *Wonder*, the theme of the day, and talk about what it means. You might also mention some of the activities planned for the day.
5. Hand out Camper Page 1 and give the campers a few minutes to complete it working by themselves.
6. Sing a closing song such as the "God of All the Universe."

MULTIPLE INTELLIGENCES: Musical, Bodily/
Kinesthetic

MATERIALS: Bible, Camper Page 1, pens/pencils

Evening Worship

Gather and Sing: Sing several songs from your camp's tradition or the Suggested Songs.

Pray: Give thanks to God for the gifts of the day. Ask God's presence for your time together at camp. Invite the Holy Spirit to be present at worship. Pray for any children in the world who may be having a harder time that day finding/seeing the wonder of God's creation.

Engage the Daily Scripture: Either read the scripture or have a cabin group prepare a skit ahead of time to illustrate the scripture passage in their own way.

Reflection: Invite campers to share something they found during the day that filled them with a sense of wonder. With each camper's offering, pray: "God, we thank you for (camper's name) and his/her ability to wonder."

Sing Some More: Sing several songs from your camp's tradition or the Suggested Songs.

Closing Prayer: "Almighty God, we praise your name in all the earth. Sometimes we forget to love you or care for one another and your earth. Please forgive us. We thank you that you give us another chance each day to live as you would want us to live and to love as you would want us to love. We pray especially for the camp staff that cooks our meals, takes care of the buildings and nature, and teaches us about you. Fill us with wonder at all you have made. Amen."

MULTIPLE INTELLIGENCES: Musical, Bodily/
Kinesthetic, Spatial

MATERIALS: Bible, songbooks

Cabin Devotions

Cabin devotions bring the day to a close and help campers to settle down for the night. It is a quiet time. Invite campers to share: What was the most wonderful part of the day? What was your favorite part of the day? What are you looking forward to tomorrow? Close the devotion with a prayer led by a counselor. After this, read a story as campers are falling asleep. A good book for today's theme would be *God's Kiss*.

MULTIPLE INTELLIGENCES: Intrapersonal,
Interpersonal

MATERIALS: *God's Kiss* by Donna Seebo or another book from the Resource List or of your choice



OLDER CHILDREN

DISCOVERY 2

Gratitude Makes God Real Every Day

Scripture Luke 17:11–19

Focus

Campers will hear the story of ten lepers and will identify reasons they are grateful.

Campers will:

- explore the goodness of God using their senses.
 - develop ways to express gratitude to God.
 - participate in expressing gratitude to others.
-

**Connection
to Campers**

Older children should not have difficulty understanding the spiritual practice of gratitude and will be able to name many things for which they are thankful. They are likely to respond with thankfulness for material possessions. They will need help to see the less tangible gifts of God found in the natural world.

**Suggested
Songs**

“Simple Gifts,”
“The Thank You God Song,”
“I Will Celebrate,”
“Give Thanks,”
“Love” (the gospel in a word is love),”
“If I Were a Butterfly,”
“All Good Gifts Around Us,”
“I Have Joy like a Fountain”

DISCOVERY ACTIVITIES

NOTE TO LEADERS: To prepare for leading campers, read through the Biblical and Theological Reflections for Discovery 2. Begin with “Tell the Story.” Then use an additional activity to engage the Bible story. Use the other activities to explore the story throughout the day.

1. Tell the Story

Introduce the children to the spiritual practice of gratitude. Explain that today’s story is about persons in biblical times who had a terrible skin disease that forced them to live apart from their families and other people. Invite campers to close their eyes as you read from the Bible and picture the story as if it were a movie happening in their thoughts. Encourage campers to notice what they see, hear, smell, or could touch as they watch the scene unfold in their imaginations. Read Luke 17:11–19 aloud. Invite campers to share what they pictured. Ask: Which character are you most like? If you were the one healed, how would you show thanks to God? How do you show thanks to God for the good things you have in your life?

MULTIPLE INTELLIGENCES: Intrapersonal, Spatial

MATERIALS: Bible

2. Retell the Story

Have the campers help read the scripture. Ask one or two campers to read the narration, one camper to read Jesus’ words, and everyone else reading the part of the ten lepers. Explain to campers that the tenth leper was also a Samaritan, a supposed enemy of the Jewish people, so he was especially rejected by society. Invite them to consider what it would be like to live as a person rejected and hated by so many people. Ask: With all the reasons he had for being unhappy, why do you think he is the one who is thankful? Invite campers to think about giving thanks by quickly shouting out as many things as they can think of that cost money

for which they are thankful. Record their responses. Next challenge them to brainstorm a list of things that can’t be bought with money for which they are thankful. Invite campers to consider which list was easier to brainstorm. Ask: How would you feel if you lost the items on the list of things that cost money? What if you lost an item from the list that did not cost money?

MULTIPLE INTELLIGENCES: Intrapersonal, Linguistic

MATERIALS: Bible, paper, pencils

3. Give Thanks to God

If you have a copy of the picture book *The Secret of Saying Thanks*, read it to the campers and talk about its theme of being thankful for the simple things in life. Tell campers they are going to write a thank-you card to God using beautiful paper they are going to create. Gather a variety of fallen leaves, particularly those with interesting surface patterns. Pass out a sheet of watercolor paper to each child. Instruct campers to paint five or six large colorful areas on the paper using the paint and water liberally. While the paint is still wet, have campers arrange leaves on the paper in whatever pattern they like on top of the wet paint. Cover the paper with a sheet of plastic wrap. Allowing the plastic wrap to crinkle will add interesting texture to the finished artwork. Place a heavy book on top of the paper to keep the leaves and plastic flat while the paint dries, and leave it alone until the paint is completely dry. You may need to return to this activity later in the day. Remove the plastic wrap and the leaves. Pass out markers and encourage the children to write a letter of thanks to God on beautiful paper they created. Remind the campers that they can write or say a prayer of thanksgiving to God any where and any time they want. This can be a spiritual practice to help them find God every day.

MULTIPLE INTELLIGENCES: Spatial, Linguistic

▲▼▲▼▲▼ **WORSHIP RESOURCES** ▲▼▲▼▲▼

Morning Watch

Morning Watch is a reflective time for campers and staff to start the day. To help campers focus and not be distracted by their friends, encourage each person to find his or her own place outside to sit where they are physically apart from others. Campers should be encouraged to use this time to sit in silence, read their Bibles, journal, or use their camper pages. For today, ask campers to use Camper Page 2 to complete an acrostic poem using the word *gratitude*.

Multiple Intelligences: Intrapersonal, Linguistic

Materials: Camper Page 2 or paper, pens/pencils

Evening Worship

Invite different groups to help lead worship each evening.

Gathering: Begin worship with a gathering song (see Suggested Songs) and then invite campers into a time of prayer using a variation of the ancient prayer form called the Awareness Examen. Ask campers to sit in silence with their eyes closed and to think back over the day. Challenge them to think about times today when they noticed God and to give thanks for those moments.

Scripture: Invite a group to act out an impromptu pantomime of the text as it is read aloud.

Message: Ask campers to bring forward the letters they wrote to God and place them on a table in the center of the worship space. Take time to dedicate all these expressions of thanks to God. Remind campers that the spiritual practice of gratitude is all about finding God's goodness in everyday life and taking time to thank God every day.

Going Forth: Stand in a circle and lead a breath prayer, inviting campers to breath in slowly and then to exhale slowly. Repeat this several times, inviting them to focus their thoughts on thanks to God for the

breath of life and this moment of being together in community. Close by singing a song (see Suggested Songs).

MULTIPLE INTELLIGENCES: Intrapersonal, Musical

MATERIALS: Letters to God written earlier in day

Cabin Devotions

Gather your cabin group together for some time to quiet down at the end of the day. Shut off the lights and pass a glow stick or flashlight around the group. Encourage the camper with the light to share one high point and one low point of their day at camp, always giving campers permission not to share. Ask: Where did you encounter God today? Using the letters of the alphabet, challenge campers to go around the circle naming things for which they are thankful. The first person names something beginning with "A," the second person something beginning with "B," and so on. Close by thanking God for night and time to sleep and rest.

MULTIPLE INTELLIGENCES: Intrapersonal, Interpersonal

MATERIALS: Glow stick or flashlight





YOUNGER YOUTH

DISCOVERY 4

Generosity Makes God Real Every Day

Scripture 1 Corinthians 12:1–26

Focus

Campers will hear how the community of faith is like a body and examine the ways they respond to God’s generosity.

Campers will:

- remember how God is generous to the church.
 - identify their gifts.
 - share their gifts to build up the community.
-

Connection to Campers

Younger youth can be embarrassed about or unaware of their own gifts. Spend the day encouraging campers to not be shy about sharing the gifts they already know about and to be brave about discovering new ones in themselves and others.

Suggested Songs

“All God’s Critters Got a Place in the Choir,”
“We are the Body of Christ,”
“Spirit,”
“We Are the Church,”
“Pass It On,”
“Magic Penny,”
“They’ll Know We Are Christians by Our Love,”
“Lord I Lift Your Name On High,”
“All Good Gifts”

DISCOVERY ACTIVITIES

NOTE TO LEADERS: To prepare for leading campers, read through the Biblical and Theological Reflections for Discovery 4. Begin with “Tell the Bible Story.” Then use an additional activity to engage the Bible story. Use the other activities to explore the story throughout the day.

1. Tell the Bible Story

Prior to the activity, write the names of different body parts on sticky labels. When the campers arrive for this activity, place one on the back of each camper. Remind campers that each day they will learn and practice a new way of finding God. Tell them that today’s theme is *Generosity* and explain they are going to explore what it means throughout the day.

Explain that today’s scripture comes from Paul’s letter to the church at Corinth, a town in Asia Minor. Tell them that Paul was a leader in starting many of the very first churches, and that even back then some church people didn’t get along with each other. Paul wanted them to work together and suggested they think of themselves as one body with many parts. Explain they are going to play a game to introduce today’s spiritual practice of generosity. Tell campers that they will have three minutes to figure out which body part is on their back by asking “Yes” or “No” questions. Explain that they may not directly ask if they are a particular body part and they may not ask more than one question of the same person in a row. At the end of the time limit, or once everyone has guessed their body part, read 1 Corinthians 12: 1–26. Ask campers to think about how they might see the camp community as a human body. Ask: Who would be the eyes? Who would be the ears? The hands? What sorts of things can we do as a whole group that we couldn’t do as well by ourselves? Why is a community better when it has all sorts of people with different gifts and talents?

MULTIPLE INTELLIGENCES: Interpersonal

MATERIALS: Bible, sticky labels

2. Retell the Story

Have campers read the passage by going around the circle and reading one verse each. Explain they are going to play a self-reflective discovery game. Gather campers together in an open space and mark a line down the center of the area with masking tape or bandanas laid end to end. Tell campers you are going to read a series of pairs of categories and they are to choose one or the other and stand on the indicated end of the line. Read out the following pairs (or add your own) one at a time and give campers time to chose their response and stand at the appointed end of the line. Ask: Are you more of a: Dancer or Musician? Singer or Shouter? Reader or Writer? Teacher or Student? Builder or Dissector? Planter or Harvester? Cartoonist or Realist? Runner or Stroller? Greeter or Sender? After each pair is read, encourage campers to look around to see where other people are standing.

When you have finished reading the pairs of words, invite campers to gather back together. Ask them to imagine that each of them is like a cell in the body of Christ. Remind them that just as in our created bodies, every healthy cell is needed for the body to function well. In a Christian community all types of people with multiple gifts are needed to make the whole body function as God intends. Ask campers to think about the choices they made in the game and what it tells them about their own gifts. Ask them to think of the gifts they believe they bring to the camp group. Close with a prayer of thanksgiving for the many gifts of the group.

MULTIPLE INTELLIGENCES: Intrapersonal, Interpersonal, Bodily/Kinesthetic

MATERIALS: Masking tape or bandanas

3. Scavenger Hunt with a Mission

Prior to the activity, talk to the camp director or manager about the camp’s “wish list” of tangible items and person power to

▲▼▲▼▲▼ **WORSHIP RESOURCES** ▲▼▲▼▲▼

Morning Watch

Remind campers that this time is for quiet reflection and focus on their senses as a way to experience the presence of God. Explain that today's focus is on the sense of touch. As campers prepare to go to the quiet spots, instruct them to begin by spending a few moments concentrating on their breathing and to feel the beat of their hearts. Ask them to close their eyes and explore the place they are sitting through the sense of touch. Invite them to feel all the textures around them. Encourage them to think about the many ways they use their hands each day and the things they touch. Encourage them to use Camper Page 4 for their reflection. After five or ten minutes (depending on the maturity of the group) gather the group back together and offer a prayer of thanks for the sense of touch and ask God to guide everyone's hands today in whatever they do.

MULTIPLE INTELLIGENCES: Intrapersonal, Bodily/Kinesthetic

MATERIALS: Camper Page 4, pens/pencils, Bibles

Evening Worship

Keep the bell or chime and candle on the table. Tonight add an image of hands drawn in it. The bell or chime calls us to worship and the light helps us focus on the light of Christ in the world.

Opening: Ask a camper to ring a bell while another camper lights the central candle.

Invite campers to gaze into the light as a leader or a camper prays, inviting God to be present during this time of worship.

Sing: Use songs from Suggested Songs or from your camp tradition.

Scripture: 1 Corinthians 12:1–26

Reflection: Explain that the act of “laying on of hands” in a body of believers is a way to bless members of the body of Christ. Invite everyone to Pass the Peace to one another with a simple phrase such as “The Peace of Christ be with you” (and the other

responds “And also with you”) or “The Spirit in me honors the Spirit in you” (and the other responds “And in me as well”). Invite campers to exchange a handshake or high five with each other as they offer these exchanges around the gathered community.

Sing: Sing together a song of peace such as “Let There be Peace on Earth.”

Prayer: Close by saying a prayer of gratitude for the gifts of the day in this special place of Christian love and fellowship.

MULTIPLE INTELLIGENCES: Interpersonal, Musical, Bodily/Kinesthetic

MATERIALS: Bell or chime, candle, mandala

Cabin Devotions

Use this time in your cabin to take the group's pulse. Invite everyone to pay attention to their breathing and heartbeat as you keep time for two minutes. Ask each camper for a feeling word: “How are you feeling right now?” Go around the circle and ask each camper to share one experience at camp today that made them realize they have something important to give to the camp, or their church or family or the world. End with a simple song and prayer for the night.

MULTIPLE INTELLIGENCES: Intrapersonal

MATERIALS: None





OLDER YOUTH

DISCOVERY 5

Worship Makes God Real Every Day

Scripture

Psalm 96

Focus

Campers will hear psalms of praise and identify a variety of ways to worship God.

Campers will:

- deepen their understanding of the purpose of worship.
- explore the vast variety of expressions of worship encouraged in the psalms.
- develop and participate in a worship service.

Connection to Campers

Older youth sometimes resist attending worship on Sunday, thinking it is boring or not meaningful. Use today's theme to help youth process their feelings about worship and to learn about the steps included in worshipping. Give youth the opportunity to create their own worship experience.

Suggested Songs

"I'm Going to Sing, Sing, Sing,"
"The Trees of the Field,"
"Enter His Gates with Thanksgiving,"
"Sanctuary,"
"God of the Sparrow,"
"Have You Seen Jesus My Lord?"
"Sing Alleluia to the Lord,"
"Just As I Am,"
"Jesus, Name Above All Names"

DISCOVERY ACTIVITIES

NOTE TO LEADERS: To prepare for leading campers, read through the Biblical and Theological Reflections for Discovery 5. Begin with “Tell the Bible Story.” Then use an additional activity to engage the Bible story. Use the other activities to explore the story throughout the day.

1. Tell the Bible Story

Remind campers that each day they will learn and practice a new way of finding God. Tell them that today’s theme is *Worship* and explain that they are going to explore what it means throughout the day. Invite campers to write a definition of worship. Encourage them to share times that they think they really worshiped God. Ask the campers to brainstorm parts of the worship service from their home church and then arrange the parts in a typical order. Invite campers to tell what they think the different parts are for and why we do them. Have them reflect on which parts mean the most to them or help them feel close to God.

Have campers read several translations of Psalm 96 and ask where they think it would fit in the worship service. Have them cut up the psalm and put the parts in place in their order of service. Have them read their “newly ordered” psalm aloud as an act of praise.

MULTIPLE INTELLIGENCES: Logical/mathematical, Linguistic, Interpersonal

MATERIALS: Several versions of the Bible, paper/newsprint, pens/markers, scissors, bulletins

2. Practice a Spiritual Tradition

Explain that today’s spiritual tradition is the *Lectio Divina*, or Holy Reading, and that they can use it to read today’s scripture. Tell campers it is a way of reading the Bible that allows God’s Spirit to inspire us. Distribute sheets that describe the four steps of *Lectio Divina*.

Reading (lectio): Take a few moments to relax and calm yourself. Then read the

passage aloud a couple of times. Notice the word or words that stand out for you or grab you.

Considering (meditatio): Take a few moments to consider what God might be trying to say to you through this passage. Look at the words that stood out for you or grabbed you. What do they mean to you? How do they make you feel? Read the passage again.

Praying (oratio): Ask God in prayer to help you make sense of what you are reading, thinking, and feeling. Sometimes it helps to imagine that God is sitting with you so that you can just talk to God as you would a friend.

Wondering (contemplatio): Take a few moments to wonder how what you are thinking, feeling, or experiencing might help you be closer to God or follow Jesus more completely.

MULTIPLE INTELLIGENCES: Intrapersonal, Linguistic, Interpersonal

MATERIALS: Paper and markers

3. Make Prayer Stoles

Introduce the idea of prayer stoles to campers. Tell them that their history goes all the way back to Moses, and that wearing them is a way to be intentional about remembering our identity as servants of God as we worship. Explain to campers that they will have a chance to make their own prayer stoles. Have each camper make a prayer stole with his/her name on it. Have them decorate the stoles with images/words that are meaningful for them when they think of themselves at worship or at prayer. These can be as elaborate as time and materials allow. Tell campers that the next day they will get out their stoles again and use them for another activity.

MULTIPLE INTELLIGENCES: Intrapersonal, Spatial, Linguistic

MATERIALS: 3-inch x 36-inch strips of fabric, fabric paints, markers, etc.

▲ ▼ ▲ ▼ ▲ ▼ **WORSHIP RESOURCES** ▲ ▼ ▲ ▼ ▲ ▼

Morning Watch

Explain to campers that Morning Watch is a time to think about the day and spend some time alone with God. Tell campers that they will have a chance to find a place in creation near the campsite but away from others, to pray for the day using the Examen, an ancient prayer form. Hand out Camper Page 5 or paper and walk through the steps of the prayer form. Encourage them to read the scripture and think about what God has made and where they see God in it. After ten or twenty minutes gather the campers back together. Sometime during the day invite them to share their experiences.

MULTIPLE INTELLIGENCES: Intrapersonal, Linguistic

MATERIALS: Bibles, Camper Page 5, pens/pencils

Evening Worship

Use the following order of worship or one of your own. Have the groups that have prepared lead each part. Have everyone wear their stoles.

Sing
Call to Worship
Scripture
Reflection

Agape Meal or Communion (optional)

Sing

Close with a Benediction

MULTIPLE INTELLIGENCES: Musical, others depending on what campers have planned

MATERIALS: Songbooks/sheets, agape meal or Communion elements

Cabin Devotions

Invite campers to share things that filled them with a sense of worship during the day of camp. Ask: What was the best part of the day? What was the hardest part of the day?

Invite them to talk about their experience of being Secret Pals during the day and then have them reveal who was the Secret Pal for whom. Ask them to tell what they like about surprising their Pal and what things their Pal did for them. Have them pull craft sticks for the next day's Secret Pal.

Close with a prayer of gratitude for all the things that have happened during the day.

MULTIPLE INTELLIGENCES: Intrapersonal, Linguistic, Interpersonal

MATERIALS: Journals, paper, pens/pencils





Daily Discoveries for Intergenerational or Family Camps

Introduction

For those familiar with age-level youth camping experiences, intergenerational and family camp events will offer new opportunities, blessings, and challenges. How do they differ? Many intergenerational programs offer the option of a less structured schedule and more off-site activity choices. The intergenerational camp may be especially appealing to multicultural, family-oriented groups. It may have special interest for nontraditional, blended families, or other groups who normally lack regular opportunities to recreate together (e.g., grandparents and grandchildren, single parents, or even whole local church families).

Like other camps, intergenerational events give participants a taste of alternative Christian community living. They can practice being Christ-followers in a sacred place apart, away from the demands of the everyday. For families this alternative reality can provide a way to practice relating in a positive, fun, supportive cultural milieu. At many camps and retreat centers, one of the greatest gifts is just the experience of sharing meals that no family member is required to plan, cook, or clean up.

Another gift of the camp setting is the peacefulness of the natural environment, away from the noise and distractions of technology, toys, and work demands. Our hope is that each component of the intergenerational camp experience can be carefully assembled

to bless participants of all ages with unique opportunities for fellowship, experiential learning, and faith formation in the outdoor setting.

Accommodations

Centers vary in the kinds of lodging and meeting spaces they can offer. Your intergenerational camp will need to give special attention to the logistics of family groupings. Some families will be comfortable sleeping in one large private room or adjoining sleeping rooms, a separate cabin, or a tent site. Some campers may be willing to share space with other families whom they already know very well, or with other similar families in a single-gender group. Attend to unique accessibility needs as you seek to include participants across generations. Consider storage and room for strollers, diaper changing and nursing areas, and cribs for families with babies; lower bunks for families with small children and older adults; special travel, transition, bathroom, and sleeping needs for campers with wheelchairs or walkers; or other accessibility concerns for those with visual and physical challenges.

The Table

Communicate well with the food service providers at your site as you seek to meet the needs of your intergenerational group. Many small children and older adults have special dietary considerations. Facilitating communication and meeting those needs

are wonderful ways for camp and retreat centers and our leaders to practice Christlike hospitality and welcome. Snack times are often vital for happy toddlers; early morning pre-breakfast sustenance can contribute to the well-being of early-rising parents and grandparents.

Use table fellowship as an integral part of your program. Breaking and sharing bread together is a symbolic act of the faith community. Relish this opportunity for experiential education!

Consider assigning different family groupings at mealtime tables to encourage out-of-the-comfort-zone sharing and relationship-building. One easy way to do this is to make a place card for each family group. The cards can be rearranged when tables are set for each meal.

In our busy culture, many families lack the experience of regular daily table fellowship.

The camp setting is a great opportunity to learn and rehearse the spiritual practices of saying grace, sharing common dishes, and using table manners. Encourage participants to help prepare and sanctify the meal space by decorating tables in some way each day—with objects from nature, with the day's craft projects. . . let the imaginations create!

Sing graces with hand motions or sing them to familiar tunes as a fun way to give thanks together. Choose just a few and repeat them so they will be remembered when campers return home. Use camp favorites or try these:

*Zip a dee do dah, Zip a dee ay,
We are grateful for your blessings today.
We've plenty to eat, to drink, and to share
We join at God's table, with friends
everywhere!*

(A grace with inclusive words sung to the tunes of "Old Hundredth" or "Hernando's Hideaway")

*Praise God from whom all blessings flow;
Praise God all creatures here below,
Praise God above, ye heavenly hosts;
Creator, Christ, and Holy Ghost. Amen.*

Rest

Campers across generations will have vastly varying sleep and rest needs during their week or weekend away. Keep schedules





More Activities: Community Building and Recreation

1. Create a Covenant

While at camp, campers and staff live in community with each other and nature. It is important to establish a covenant that each person will follow. A covenant is a promise that all members agree to follow. When creating a covenant, keep in mind all the areas of camp life you wish to include: personal and community use. Invite the campers to suggest elements of the covenant and encourage them to use positive language, such as, "I will respect and care for others," as opposed to, "I will not hurt others." Encourage all campers to contribute to the covenant-making process. When the covenant is finished, hang it on the wall of your living space and ask everyone to sign it as a way of agreeing to live by its terms.

MULTIPLE INTELLIGENCES: Interpersonal

MATERIALS: Paper and markers

2. Make Nametags

Make nametags either as campers arrive or in the first small-group session. You can make these from small pieces of wood or slices from a small log or branch, approximately three inches in diameter and half an inch thick. Drill two holes in each one ahead of time where you can add a piece of yarn, cord, or a shoestring for hanging around camper's neck. Have the campers write their names on the tags with colored markers. You may want to spray the tags with a fixative to keep the colors from bleeding and then let them dry.

MULTIPLE INTELLIGENCES: Bodily/Kinesthetic, Spatial

MATERIALS: Wood pieces, markers, fixative, cording

3. Use Rhythm and Rhyme

Have campers sit in a circle and face the center. Start a slow beat by having them tap hands on thighs two times, clap hands two times, and snap fingers. Repeat until everyone in the circle has the motions and beat going. Divide names in syllables (i.e., Su-zanne, Ed-ward, Pa-tri-cia, Bill), and have campers say their names with a snap for each syllable. Encourage campers to go around the circle, keeping the beat going, and to say his/her first name in rhythm as everyone snaps. Repeat until everyone has a turn. Start again and this time have campers say their names on the claps and the name of the person to their left on the snaps. Continue around the circle in this way. For the next round, have them say their name on the claps and the name of another person in the circle on the snaps. Continue "tossing" names back and forth in the circle until everyone's name has been spoken several times. Another option: Come up with a word or phrase that rhymes with your name, such as: "Suz-anne the Jesus-fan." Remind them that these are to be positive, complimentary, and appropriate for the group. Go around the circle until all campers have shared their names with a rhyme. Encourage them to help anyone who has trouble finding a rhyme.

4. Retell an Awe-Full Experience

Encourage campers to take a few minutes to write down one experience that filled them with awe and wonder. Ask reflective questions such as: What happened? How did you feel? What did you do? What did you learn about God? Allow enough time for each person to relive the experience and write some key words or phrases they would use to share with others. Divide campers into groups of three or four so they can tell each other their "Awe-Full" experiences. Challenge the small groups to work together to act out one or a combination of their awe-filled moments for the rest of the group.

MULTIPLE INTELLIGENCES: Intrapersonal, Interpersonal, Linguistic

MATERIALS: Index cards or paper and pencils or pens, personal props if needed.

AGE LEVEL: YY, OY

5. Praise Poetry

Explain that it can be fun to play with words and arrange them into poetry. Reread Psalm 8 as an example. Have everyone select three words that are praiseful and write each of them on small stones. Place the stones in a basket and mix them up. Pass the basket around the circle and ask each camper to take out three stones. Invite campers to work together to arrange the stones on the ground to create a poem. Ask one camper to write down the poem. Repeat the procedure as many times as there is interest. Keep the basket of stones handy throughout the week to use in Cabin Devotions or for Morning Watch.

MULTIPLE INTELLIGENCES: Linguistic, Logical, Interpersonal,

MATERIALS: Basket or other container to hold ten to thirty small stones, black or dark permanent markers, Bible

AGE LEVELS: OC, YY, OY

Discovery 2

6. Sing Songs of Ten

Do some research ahead of time and come up with a list of songs, stories, or rhymes that include or use the number *ten*, i.e. "This ole man" or "Ten little campers." Join everyone together in a songfest with the number ten. Use familiar tunes and invite campers to create their own songs of ten.

MULTIPLE INTELLIGENCES: Musical, Mathematical

MATERIALS: Songsheets, printed words, or other props of ten

AGE LEVEL: YC, OC

7. Bound to the Beat

Select some music or invite campers to provide some CDs that encourage a desire to move! Look into cultural music from around the world that concentrates on the beat and compositions with the use of a variety of instruments. Challenge campers to be creative with joyous dance movements, such as jumping and leaping, that release feelings of gratitude.

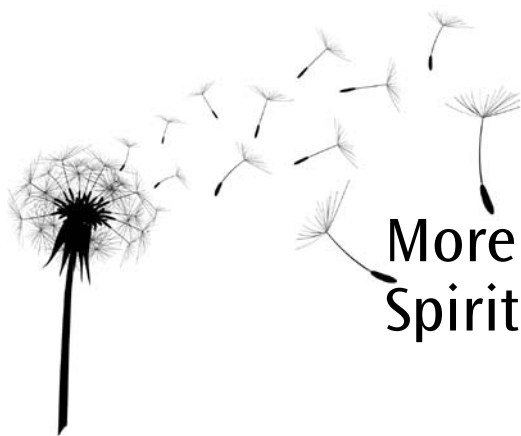
MULTIPLE INTELLIGENCES: Bodily/Kinesthetic, Musical

MATERIALS: CD player or iPod player with upbeat songs.

AGE LEVEL: All

8. Imagine Being a Leper

Invite campers to think about "the other nine lepers" whom Jesus healed. Who were they? Where did they go after Jesus healed them? What did they think when they were cured? Why didn't they come back to say thanks? Ask campers to work in pairs to develop a first-person monologue of five to ten sentences about one of these lepers. Allow them about ten minutes to write. Encourage them to compose their monologues thinking about how they will stand or move, what props or clothes will they use to develop their character, etc. Encourage campers to perform their monologues for the rest of the group.



More Activities: Spiritual Practices

The following activities are designed for encouraging spiritual practices at camp. There are many traditions we can draw from to help us in our journey of faith. As you work with your campers, set aside time to explore some of these activities. Encourage campers to become aware of their personal relationship with God. You might even find some practices you want to adopt for yourself!

Prayer Forms

1. Breath Prayer

Breath Prayer is an ancient and simple form of prayer that involves repeating a single thought while breathing in and out. Encourage campers to find a comfortable sitting position and tell them they can close their eyes to pray if they would like. Explain that you will suggest some phrases to think as they breathe in and out. As they think and breathe each phrase, it will be a kind of silent prayer in which their whole body can participate. First, give them an example. Breathe in on the phrase "Lord Jesus Christ," and exhale on "Son of God." Repeat this several times and then invite the campers to try it on their own at their own pace.

As the campers get used to this practice, you can suggest some of the following breath prayers, as well as encourage the campers to create their own.

Breathe in on "Have mercy on me";
breathe out on "Teach me your love."

"Teach me patience"; "Gracious God."

"Give me strength"; "Oh, Christ."

"Holy Spirit"; "Fill me."

MULTIPLE INTELLIGENCES: Intrapersonal, Bodily/Kinesthetic

MATERIALS: None

AGE LEVEL: All, keep activity short (two or three minutes) for YC

2. Centering Prayer

Explain to campers that Centering Prayer is an ancient form of prayer. Have the campers find a comfortable place and way to sit. You may wish to create a low altar and place on it a Bible and cross. Tell campers that you will read a portion of the day's scripture through twice and they are to choose silently one word that reminds them of God. Encourage them to see what comes to mind as they think of God and that one word. Invite them to close their eyes or focus on the candle flame (if you lit a candle) or look at a beautiful thing in the creation around them. Softly strike a prayer bowl (if you have one), bell, or chime to announce the end of the prayer time. Gauge the ability of your group for how long they can stay silent and focus on a word. You may wish to do it in stages so they get used to this form of prayer. Start with one minute and add a minute each time the group prays this way.

MULTIPLE INTELLIGENCES: Intrapersonal, Linguistic

MATERIALS: Bible, materials for an altar, prayer bowl, bell or chime, candle (optional)

AGE LEVEL: OC, YY, OY

Encourage them to pay attention to the thought about God that comes into their minds as they think of the word or words.

III. *Oratio*: Invite each person in the group to say their word or phrase one at a time. There should be enough time between each sharing to let the word or phrase sink in. Tell campers this is like sharing a prayer.

IV. *Ruminatio*: Read the passage aloud a third time. Encourage campers to pay attention to the feeling or image that comes to mind and how it relates to their lives right now.

V. *Contemplatio*: Read the passage again for a fourth time. Encourage campers to be still and try to feel God's presence with them. Strike a prayer bowl, bell, or chime to announce the end of the reflection time.

MULTIPLE INTELLIGENCES: Intrapersonal, Linguistic

MATERIALS: Worshipful environment—altar in center of circle, candle, etc. Bible

AGE LEVEL: OC, YY, OY

5. Gaze into Nature

Take your campers to a natural setting within camp where there is room for them to sit separately within your view. Introduce them to the concept of icons. Tell them that by gazing at an image of God people through the centuries have found the presence of God. Explain that instead of a piece of art they are going to choose a scene in nature and study it as if it were a painting from where they are sitting. Have them select a scene and tell them that as they sit in silence looking at the scene you will suggest some questions for them to use to study the scene in depth. When the campers are settled, ask some or all of the following questions, giving them a few minutes after each question to observe and ponder.

1. What do you see? What parts of the scene stand out to you?
2. What seems to be most important or the focal point that you notice first? Why does that seem so important?
3. What do you notice that is closest to you? What do you notice that is farther away?
4. What colors do you notice? How do

shadows and light relate to each other? What are the brightest and darkest spots in the scene?

5. Close your eyes and look again. Do you notice anything new?
6. Do you feel invited to walk into the place you are observing or do you just want to keep looking? Why?
7. How does the scene make you feel?
8. Where do you see God in this scene? Does it remind you of any scripture or stories about God?
9. What do you want to say to God? Say or write a prayer or draw an image.
10. What do you think God wants to say to you? Write down or draw those ideas too.

Signal the end of the time by ringing a bell or a chime. Invite those who wish to share their thoughts about the experience and their prayer or drawing. Remind campers that this is a prayer activity they can do anytime after they go home. Tell them they can use a real place in nature or a photograph or painting.

MULTIPLE INTELLIGENCES: Visual/Spatial, Intrapersonal

MATERIALS: Paper and pens/pencils

AGE LEVEL: OC, YY, OY

6. Praying the Daily Office

Early in the week, explain to the campers that early in the church's history people started to set aside times during the day to stop and pray to God. Tell them that these rhythms of prayers at specific times of day were called Daily Offices. Invite them to consider whether they would like to practice the Daily Offices one day during camp. Explain that they would stop as a group and pray at the following times during the day.

Lauds—6:00 A.M. (Start of the day)

Terce—9:00 A.M. (Third Hour of the day)

Sext—12:00 Noon (Sixth Hour of the Day)

None—3:00 P.M. (Ninth Hour of the day)

Vespers—Dusk/Sunset

Compline—Bedtime

Encourage them to consider what kind of prayers they would like to offer at each time and whether they would like to meet in one place or go to a different place each time.