



Suttle Lake Ripples

Spring 2011

29551 Suttle Lake Road Sisters, OR 97759 ♦ (541) 595-6663 ♦ suttle@gocamping.org

YOU CAN MAKE IT HAPPEN HERE!

Here you can sing your heart out at campfire, even if you're not the best singer. Here you can meet a complete stranger and end up calling them "friend". Here you can arrive in tears because you did not want to come, and leave in tears because you do not want to go.



At Suttle Lake Camp we care about the campers' growth and create an environment in which to experience new things. For in trying something new, we discover our own gifts and who God has created us to be.

Opportunities to learn about ourselves, about God, and about what it means to be part of God's community are core to the camp experience. We provide caring leaders and a foundation of respect to foster a community that allows campers to step out and take a risk.

Find a wonderful camp experience at:
www.gocamping.org

When campers know that their most basic needs will be met, they can relax and grow in their surroundings. That means good food, comfortable beds and bathrooms. At Suttle Lake we continually work to improve our facilities.

Our new modern shower house will have more space, private changing areas, better ventilation, handicap accessibility and will be environmentally friendly.

Thanks to generous donors, work has begun to replace the shower house in the upper cabin circle. The outside structure is complete.



Here's what is needed to finish the inside:

- Toilets (\$275 each - 7 needed)
- ADA Toilets (\$285 each - 2 needed)
- Shower Stalls (\$510 each - 8 needed)
- ADA Shower Stalls (\$1120 each-2 needed)
- Urinal (\$95 each - 1 needed)
- Sinks (\$329 each - 10 needed)

Will you help? Donate using the enclosed envelope or give us a call at (541)595-6663.

From our kitchen to yours ...



*This soup has been a real hit at camp
Makes a great meal with whole grain bread
and green salad. Enjoy!!*

Red Lentil + Fresh Ginger Soup

Kitchen to Table in about 1.5 hours
Best in 3-quart soup pot
Approximately 6 to 8 servings

- 1 TBS Olive Oil
- 1 small finely diced Onion
- 1 med thumb finely diced Fresh Ginger
- 2 large cloves finely diced Fresh Garlic
- 4 large peeled Grated Carrots
- 1.5 cups Red Lentils
- 4 Cups Water
- 2 TBS Vegetable Base
- One can Coconut Milk (can use half if have another use for the other half or use all for a richer soup)
- Splash of Lemon Juice
- Dash of Tabasco or cayenne pepper
- Salt (if you like to add salt to cooking process ... I usually don't)

Sauté onion, ginger, garlic, and carrots in the olive oil. When carrots are soft, add water, veggie base, and lentils. When lentils are soft (simmering on low about for about 1 hour), add coconut milk, lemon, and Tabasco.

Adopt for the crock-pot by combining sautéed vegetables with lentils, water, and veggie base. Shortly before serving add coconut milk, lemon, and Tabasco; heat through. Cooking time varies.

*Come join us for respite, fun, and good food at camp.
Your smile will reach your eyes and tummy too!*

Blessings

Wendy White, Food Service Manager

Suttle Lake's  Kitchen Queen

Creation Vacation

What does the gift of camp mean to a family? It can mean time away from daily stresses. It can mean time to play together, laugh together and really learn to appreciate each other.

For families that are given the gift of Creation Vacation it can mean even more. Creation Vacation is a unique mission program for extremely low-income families that lack the financial means for even a modest vacation together. At camp they find respite in a nurturing community, nutritious meals and stimulating activities.



"The best part of camp was seeing my kids having fun and just being kids."



Over winter break, Suttle Lake partnered with 2 local shelters to make a Winter Creation Vacation experience possible for 4 families from Bend. It cost about \$600 dollars to provide this experience for each family. Suttle Lake has been able to offer this gift of Creation Vacation thanks to the generosity of seed grants. Additional funds are needed to meet the current interest and need in the local community for another event this summer.

Your donation can make it possible for a family to experience camp!

A BIG THANK YOU!



"The wall" was replaced on the challenge course.

Have you ever heard the saying "Many hands make light work?" At camp we've seen this in action as volunteers have rallied around camp aiding in spring clean up and helping with improvements. We appreciate all the volunteers that helped during our annual Round Up Volunteer Work Weekend. Your hard work and dedication are a gift!

A wider entry will welcome guests into Wesley Meadow Lodge.



We are also deeply grateful to Clarkes United Methodist Church. They have generously helped build a new program pavilion for the north cabin circle. A long time church member donated needed funds and the church community has contributed their gift of labor. Thank you for helping create a beautiful outdoor space!



JOIN US OVER LABOR DAY WEEKEND FOR ANOTHER VOLUNTEER EVENT!

Contact camp or visit our web-site for more info.



Suttle Lake's Wish List:

To help provide yummy meals:

- cake decorating kit (\$10)
- 3 heavy duty plastic aprons (\$18 each)

To help make camp more family friendly:

- step stools for hand washing sinks
- drying racks for wet clothes

To help provide comfortable cabins:

- reading lights (\$30 each)
- 16 new mattresses (\$100 each)
- hooks (\$3 each, 6 needed for 20 cabins)

To help provide dynamic programs:

- climbing ropes (\$150 each, 3 needed)
- 20 climbing harnesses (\$40 each)
- costumes (wigs, vintage clothing, clown noses, the goofier the better ...)
- sports balls

Help provide those extra touches:

Donate using the enclosed envelope OR give us a call if you have an in-kind donation to make sure it will meet the current needs.

VOLUNTEERS HELP CAMP HAPPEN:

Helping hands are needed for:

- indoor and outdoor painting
- carpentry work on bunks & benches
- extra deep cleaning
- providing quality programs (Counselors, camp listeners, nurses, and specialty leaders needed.)

Make plans to volunteer today:

Call the camp to best match your interests with a need, or download a volunteer form from www.gocamping.org.



Suttle Lake United Methodist
29551 Suttle Lake
Sisters, OR

PRSR STD
U.S. POSTAGE
PAID
Bend, OR
Permit No 12

Make Memories That Last a Lifetime at Family Camp!

Family Camp experiences combine outdoor recreation, Christian fellowship, and a relaxed atmosphere for a truly special time together. A flexible schedule allows you to do your favorite family activities at camp or nearby in the beautiful Deschutes National Forest or Sisters. In camp there are opportunities for swimming, boating, games, crafts, and more.

Morning devotions and campfires will help you celebrate God and the gift of family.

Families of all shapes, sizes, and ages are welcomed!



GENERATIONAL FAMILY CAMP (August 5-7, 2011)

\$90 per adult

\$60 per youth (12-17)

\$40 per child (3-11)

children 2 & under are free

(Max any family would pay is \$345)



Come for some good old-fashioned quality time in a beautiful setting.

For more information or to register check out: www.gocamping.org